Crossing Life’s Thresholds and Entering Liminal Space

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Life presents us with a series of threshold crossings. Paths that previously seemed safe and familiar may suddenly come to an end. Events such as an unexpected death of a child or loved one, leaving our homeland to study or work abroad, or losing one’s job or relationship may precipitate a personal crisis. There is no turning back, yet crossing the threshold of change means dealing with endings and facing new challenges.

This presentation is about the deeper meaning of life’s thresholds and their potential for personal and cultural growth. It discusses the importance of liminality, the “in-between” transitional space where change and transformation takes place.

In addition, Colette will offer insights into Irish cultural reality and the unique way the people of her homeland deal with liminality, transition and change.